

West Coast Swing **ACADEMY**

WCS 101 - WCS Basics: Steps and Variations

Course Description: Learn the basic West Coast Swing steps and popular variations.
No prerequisites.

Wk 1: WCS Basics:

Connection	Sugar push
Right side pass	Left side pass

Wk 2: Starter Steps:

4 count starter step	Rotating starter step
Spring starter step	Run-around starter step

Wk 3: Tucks:

Sugar tuck	One-handed tuck
Two-handed tuck	One-hand reverse tuck

Wk 4: Midterm Assessment (Check your progress)

Testing to assess your level.

Wk 5: Whips:

Basic whip	Basket whip
Apache whip (reverse whip)	Neck whip

Wk 6: More Whips:

Inside whip	Outside whip
Continuous whip	Behind the back whip

Each course is a closed session - students must start at beginning, with the first weekly class for each course. Students will not be admitted to the course after the first weekly class.

Class size is limited to ensure students receive more instruction time and attention, and to allow the instructor to customize the lesson plan to best suit the needs of each class.

To advance to the next course, students must successfully demonstrate proficiency for each skill taught at this level.

At the completion of this course, students will be awarded a **Certificate of Achievement** to recognize their accomplishment.

Tuition - pre-pay for entire course at \$10/wk or \$15 per class if paid weekly (ie, \$60 for 6 wk session if pre-paid or \$90 if paid weekly.)